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Denture Home Care Instructions

- Wear your denture or partial as much as possible during the daytime hours to allow your mouth to adjust to the new denture. It will take time for your mouth, tongue and speech to adjust to the denture or partial so things like tongue biting, increased saliva and slurred speech can be common.
- Carefully remove the denture at night and allow them to soak in the denture case with cool water and a denture cleaning tab of your choice.
- In the morning, gently hold the denture from one side (holding denture from both sides can cause denture to bend or warp) over a towel or sink filled with water to avoid breakage should you accidentally drop the denture. Gently scrub inside and outside with denture brush. Do not use toothpaste which is too abrasive for dentures.

It is normal to develop sore spots during the first few weeks, even if the dentures fit well during the delivery. Call our clinic to schedule an adjustment appointment if you are experiencing any sore spots or have any questions about denture care.